

It's a Man's World

Declaring his wedding day the best and most beautiful day of his life, our resident grooming guru **Cionna Mac Giolla Phádraig** is on hand to guide the Mr. half of every future Mr. & Mrs. through the minefield of grooming for grooms. From hairstyles to facial hair and facial treatments to getting the body beautiful, here's what's hot for him this season...



like your usual barbers, more the feeling of private club but as I rounded the corner I was greeted by a compact room with a distinct “man cave” feel. Following a friendly greeting and swift appraisal of the room and its other customers, I realised that gentlemen here were very much returning clientele – an encouraging sign! I settled into one of the Belmont chairs and was really impressed with the sharp haircut I got but the most amazing part of my experience was the shave and hot towel treatment. I was preened and pampered with hot towels and an essential oil head massage which transported me to a whole new level of relaxation. I can't remember exactly what happened next but I do remember getting woken up when the hot towel was replaced with a cold towel. I was tilted forward and when I looked into the mirror I noticed that my stubble had disappeared and my skin looked amazing. I'd go so far as to say it was the best shave that I have ever had.

RESULT: Whether it's an early morning wet shave, a beard trim or a simultaneous manicure and head massage, this place is the perfect man's hideaway.

Speed Dial: Jonathan's Barber Shop, The Shelbourne Hotel, St. Stephens Green, Dublin 2, 01 6634855 / 086 2422907.

Price: Shave and hot towel treatment €28 / Haircut €19.

Admittedly I'm not much of a morning person but despite the early start, I wanted to find out more about the growing trend of early morning hot towel shaves so I headed down to Jonathan's Barber Shop at the Shelbourne Hotel for my 8am appointment and it did not disappoint. Opting for the full works, I indulged in a haircut, a hot towel shave and a head massage to set me up for the day.

Selfishly, I'd prefer to keep this place a secret, but that wouldn't be much of a review so here it is: Jonathan's Barbers is a little gem, hidden in the basement of the Shelbourne Hotel. As I made my way down the grand marble staircase, it certainly didn't feel